

## **WORKING TOGETHER TO BUILD SUCCESSFUL FUTURES**



- According to the Foundation for Advancing Alcohol Responsibility parents are the #1 influence on their child's decision to use alcohol.
- The #1 reason that youth report they don't use drugs is because they don't want to disappoint their parents. (Source: Substance Abuse and Mental Health Services Administration)
- The National Center on Addictions and Substance Abuse at Columbia University reports adolescent substance use is the #1 public health concern nationwide with youth becoming addicted to substances at a faster rate than adults due to their developing brain's increased vulnerability to drugs.

The Leander ISD **Alcohol Drug Awareness & Prevention Team (ADAPT)** promotes and supports wellness, healthy choices and a drug-free lifestyle through prevention education and counseling for LISD students.

We all have a part in helping youth say YES to a healthy lifestyle. ADAPT is here to help by providing

1. Prevention Education
2. Tobacco Awareness Classes
3. Voluntary Drug Testing Program
4. Individual and Group Counseling
5. Substance Abuse Assessments

For more information, contact Mary Ann Kluga, ADAPT Coordinator, at [maryann.kluga@leanderisd.org](mailto:maryann.kluga@leanderisd.org) or 512.570.0315

**WORKING TOGETHER AND STRONGER TOGETHER**