

Parents, please follow the three steps below to help your child get the most benefit from the PSAT experience:

Step 1: **Understand How the PSAT Leads to College and Success**

What To Do	Where to Find Free Resources from College Board
<p>Learn why students take the PSAT, how to interpret results, and how to help students prepare for college and career</p>	<p>Article "Meet the PSAT" (pdf format) http://www.collegeboard.com/parents/tests/meet-tests/21296.html</p> <p>Video "Destination College: Planning With the PSAT/NMSQT" http://www.collegeboard.com/prof/counselors/tests/psat/downloads.html</p> <p>Scroll down past "After Score Reports Arrive" to find link (row 11) for "Destination College". Click on your preferred video player <i>Quicktime</i> or <i>Windows Media Player</i>, then preferred download speed.</p> <p>English and Spanish versions (19:41 min.)</p>

Step 2: **Helping Your Child With Results**

<p>Review and discuss the score interpretation worksheet your child has completed in class. Encourage areas of strength, planning for improvement and college exploration.</p>	<p>Article (pdf format) "Helping Your Child Use Score Report Plus" http://www.collegeboard.com/parents/tests/meet-tests/31008.html</p> <p>Presentation "Understanding Results from the 2006 PSAT/NMSQT" http://www.collegeboard.com/prof/counselors/tests/psat/downloads.html</p> <p>Scroll down past "After Score Reports Arrive" to find link (row 6) for "Understanding Results". Click on PDF (.pdf/2.66MB) or Microsoft® PowerPoint® Presentation (.ppt/2.50MB)</p>
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Step 3: **Encourage My College QuickStart**

<p>Encourage your child to log on to their free online College Board account "My College QuickStart"</p> <p>Students will enjoy this personalized college and career planning kit, with access until they graduate from high school.</p>	<p>Demonstration "My College QuickStart" http://www.collegeboard.com/student/testing/psat/demo/quickstart_demo_1.html</p> <p>Other Links "Sign in to My College QuickStart Now" http://www.collegeboard.com/student/testing/psat/psatextra.html</p>
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